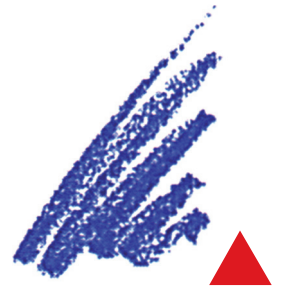


FRAUENHAUS
WETTERAU
WOMEN'S HOUSE



What is violence?

The first slap in the face is a shock. You would have never expected this from him. Afterward, he is sorry. He had trouble at work, he lost his nerve and he „just lost it“.

During the time after, he is much more caring and loving as usual. Until the next „lapse“. This time, it is not just a slap in the face; the wheel of violence is starting to spin.

Maybe, yours is a different story. He is not hitting you, but he injures and leaves scars, criticises you and embarrasses you in front of your friends, clips your wings.



Violence has many faces; physical, emotional, sexual

The result is always the same. You remain, feeling humiliated and degraded. Your self-esteem is slowly fading. A feeling of growing helplessness and powerlessness remains.

Who can come to the Women's house?

Any woman of legal age who experiences physical, sexual or mental violence.

You find safety and support with or without your children, regardless where you come from.

The safety of you and your children is very important to us.



What can you expect at the Woman's house?

In the event of an emergency, you can call direct under phone number 0 60 31 - 1 53 54 to be accepted.

You are meeting woman with the same or similar experiences as yours. You may be able to speak about your experiences for the first time.

Here, you have the opportunity to rediscover desires and needs, regain your self-confidence and develop new perspectives for your life.

This is a very individual process, which is different for every woman. You decide for yourself how long you wish to utilise the protection of the woman's house and what your future life should look like.



Together with other women living in the house, you look after yourself and are involved in all decisions involving you directly.

We offer dialogue and help in the mastering of psychological, legal and economic problems.

If you would a consultation

Even if women threatened and affected by violence do not wish to avail themselves of the protection of the Women's house, you receive counselling sessions by phone or personally, also anonymously, free of charge.

You can reach us by phone from Monday to Thursday between 9.00 and 16.00 h and Friday between 9.00 and 13.00 h and make an appointment.

Naturally, you can also arrange individual counselling outside of the hours mentioned above.



You should not forget!

Next to the most important clothes, if possible, please bring the following if you come to stay at the Women's house:

- Marriage certificate
- Passport
- References
- Tax ID no.
- Pension insurance documents
- Birth certificate
- Residence permit (in case of migrants)
- Savings book
- Money
- Health insurance card
- Bank card
- Rental agreement

For the children

- Birth certificates
- Children's passports
- Vaccination passes, prophylaxis booklets
- School materials, report cards
- Favourite toys
- Child support card
- Custody papers (if required)
- Children's tax ID no.

You should know

- Husband's earnings
- Address of employer
- Health insurance
- Insurances



Other important addresses for women

Frauzentrum (Women Centre)

Wintersteinstraße 3, 61169 Friedberg

Phone 0 60 31 - 25 11

Specialist services for women and equal opportunity

Leonhardstraße 7, 611169 Friedberg

Phone 0 60 31 - 83 53 01

Emergency call for women

Hinter dem Brauhaus 9, 63667 Nidda

Phone 0 60 43 - 44 71

Wildwasser

In der Burg 18, 61169 Friedberg

Phone 0 60 31 - 64 000



Where can you reach us?

Frauen helfen Frauen Wetterau e. V.

info@frauenhaus-wetterau.de

Frauenhaus Wetterau

P. O. Box 10 03 27, 61143 Friedberg

Phone 0 60 31 - 1 53 53 or - 1 53 54

Fax 0 60 31 - 1 53 58

**Beratungs- und Interventionsstelle für von Gewalt betroffene Frauen
(Counselling and intervention for women affected by violence)**

Saarstraße 30, 61169 Friedberg

Phone 0 60 31 - 1 66 77 3

Fax 0 60 31 - 68 54 530

Bank details

Sparkasse Oberhessen

IBAN DE80 5185 0079 0030 0080 06

